

WISCONSIN – Instant Challenge Resources

Here you will find many, many resources for Instant Challenge development.

- **IC** – [Tips to Teams and Team Managers](#)
- **IC** – [Exploring Material Properties.pdf](#) from Destination Imagination – Use this great guide to help learn what typical IC materials can do and how your team can work with them in many ways. **A necessity for your team** to help understand how to get the most out of these materials and perform better in Instant Challenges.
- **2017-2018 IC Practice Set** – insert here
- [TVNCDI IC-Resources](#) This link has **94 (Ninety Four)** IC's in PDF format. A few are duplicates some below, but not many.
- [2007-8 IC Practice Set](#),
- [2012-13 IC Practice Set](#),
- [2013-14-IC-Practice-Set.pdf](#)
- [2014-15 Instant Challenge Practice Set](#)
- [2015 Conference Challenge Handouts](#)
- [2016-17 IC Practice Set 8.16 .16](#)
- [652321Instant Challenge Practice Set](#)
- [CD Volume 5](#)
- [Destination Imagination IC Makers](#)
- [DI Four Free ICs](#)
- [IC practice set a](#)
- [IC practice set b](#)
- [IC practice set c](#)
- [Animated.pdf](#)
- [DI-DI-O.pdf](#)
- [Doing More With Less](#)
- [Going Through The Structure](#)
- [IC Maker K-12 Performance2012](#)
- [IC Maker K-12 Task2012](#)
- [In-the-Mirror](#)
- [Instant Challenge Pack 3](#)
- [Instant Challenge Pack 4](#)
- [Instant Challenge Pack 5](#)
- [Instant Challenge Pack 6](#)
- [Iowa](#)
- [Iowa-Part-Two](#)
- [Lack of Connection](#)
- [Mystery Ship](#)
- [Number Crazy – Entry Level](#)
- [Stack The Deck – Entry Level](#)
- [Tall Tower](#)
- [Instant Challenge Resources](#)
- [DI Instant Challenges 2000-A](#),
- [DI Instant Challenges 2000-B](#)
- [Instant Challenges Classroom](#)
- [Where-to-find-FREE-Instant-Challenges](#)
- Plus, search the Internet, there are tons of resources available for Instant Challenges beyond what is here.

Additional Resources for Practicing Instant Challenges

More Web Sites:

- [Creative Problem Solvers](#) – Practice *Instant Challenges* compiled by Federico Felixberto, with contributions from DI volunteers
- [cre8iowa Instant Challenge Library](#) – Practice *Instant Challenges* by Iowa student and adult volunteers
- [Instant Challenge Goldmine](#) – 2008 DISC Scholarship entry by Ben from Virginia
- [Maryland Creative Problem Solvers Instant Challenge Library](#)
- [Montana Destination ImagiNation](#) – Practice Instant Challenges
- New Hampshire Destination Imagination – Check the [Team Manager's Corner](#), or click on this [search string](#).
- [Ohio DI Region XIV Instant Challenges](#) – Practice *Instant Challenges*
- [Practice Instant Challenges](#) – Trinity Valley North Central (Texas) Practice *Instant Challenge*
- [Unofficial IC Guide from United Kingdom DI](#) – Illinois Destination ImagiNation

Instant Challenge Tips, Ideas, and Practice

Instant Challenges are FUN!!

The Instant Challenge competition is a chance for your team to show off its creative problem solving skills as they demonstrate their teamwork and ability to "think on their feet."

Don't leave them to be done if there is time. Make time for them in your meeting schedule or have Instant Challenge Meetings. They can help warm up teams before working on their solutions for the main challenge, provide a way to break up a team meeting, or be a means to try out hypotheses teams have brainstormed as possible solutions to the main challenges. Instant Challenge Competition can often make or break a team at a tournament. It can separate a team that has learned to work well together from a team that never practiced team building skills.

Basic Tips

- Practice Instant Challenge at least once a week from the beginning.
- Do at least three (3) challenges each time.
- Spend 15-20 minutes to 1/2 hour
- Increase time as competition date nears
- Do as many types of each challenge as possible
- Teach the team how to generate a variety of creative responses.
- Use unusual materials
- HAVE FUN!

TYPES OF INSTANT CHALLENGES	
Performanced-Based	Task-Based
Without Props	To Communicate
With Props	To Move
Team Created Props	To Change
Imaginary Props	To Protect

Performance-Based Instant Challenges require teams to create a performance from real or imaginary props. The team must either create these props from given materials or use ones already provided. The type of presentation for these Instant Challenges will vary. They may include one or more of the following: singing, miming, rhyming, dancing, etc. Team members may enhance their characterizations through the use of Improv, Mime, Body Language, Stage Presence, and/or Voice Alteration. When brainstorming a solution to a performance-based instant challenge, teams should make sure they consider areas of Story Line Development such as: Situation, Conflict, Resolution, and Beginning-Middle-End. They may also want to think about using other theatrical elements including: Staging, Music, and Special Effects.

To see a template for writing an instant challenge, [click here](#).

Task-Based Instant Challenges are more hands-on type challenges. Team members must work together to communicate, move, change or protect something with the materials they are given by the Appraisers. Sometimes they will be given items which they must manipulate and then give related verbal responses about what they have done with them for score.

In a Task-Based Instant Challenge the team will be given a variety of materials to use to solve the challenge. These materials will fall into three main categories: *Extenders/Structural Items; Connectors/Adhesives; and Controllers/ HOLDERS/Transporters*. When beginning task-based Instant Challenges it is recommended that you first discuss the three basic types of materials with your team. Then gather a wide variety of items from the lists below and have your team determine what the function(s) of each item might be. Remember keep asking the team in what ways could they use each item. Have them make a chart of the functions of the various items. For a list of different materials which fall into each category [click here](#).

[Mini-Challenge materials](#) can be used for quick Mini-Challenges to teach a specific concept or as a warm-up.

[Click Here](#) for tips on training teams in *Task-Based Instant Challenges*.

By using the [Instant Challenge Template](#) and [Ideas for Task-Based Instant Challenges Table](#) along with some imagination and other instant challenges you will be able to create a wide variety of instant challenges for your team.

[Tips and Tricks for Solving Instant Challenges](#) is a compilation of many suggested ideas for training teams on how to solve Instant Challenges.

For **Additional Instant Challenges** and information try one of the following links:

[Iowa Instant Challenge Library](#) This is a terrific resource.

[Instant Challenge Training Video](#) This video was produced in 2004 and includes some great information, but please note that some areas have been updated to align with current rules and procedures. This video will give teams an idea of the basic procedures that they will encounter in Instant Challenge.

[New Hampshire Instant Challenge Archive](#)

[Colorado Instant Challenge Archive](#)

[Illinois Instant Challenge Resources](#)

[Conversation Pieces](#)

[Practice Instant Challenges from Texas](#)